

If you want more information about cervical screening, you can:

Ask your GP or Nurse

Visit our website at
www.cancerscreening.nhs.uk

Call NHS advice on 111 or visit
www.nhs.uk

This booklet was made by those who need accessible information working with btm.

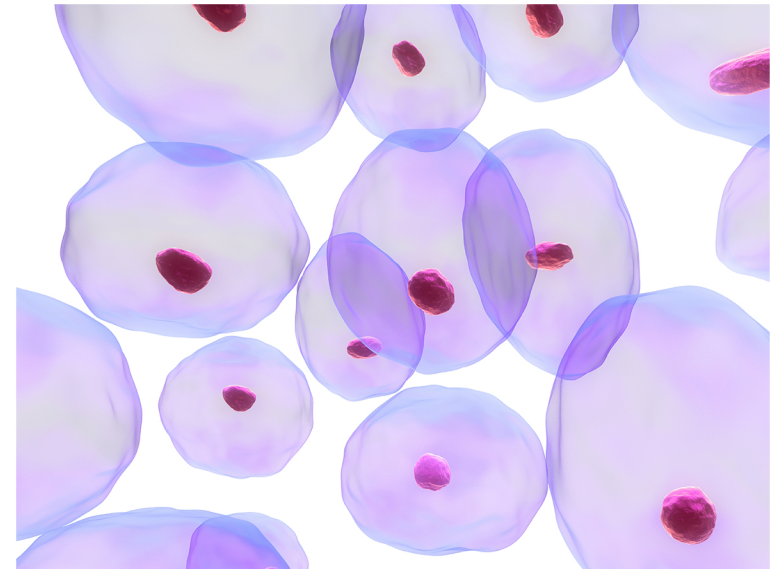
For more information or extra copies please contact:



11-12 Eldon Place
Bradford BD1 3AZ
Telephone: 01274 848150
SMS / Text: 07976 825433
E-mail: enquiries@btm.org.uk

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Going For A Cervical Screening Test



An EasyRead Guide

In the meantime, if Chrissie has

bad stomach pains

problems with her periods

discharge

she won't wait for her next appointment. She will tell her GP or nurse as soon as possible.

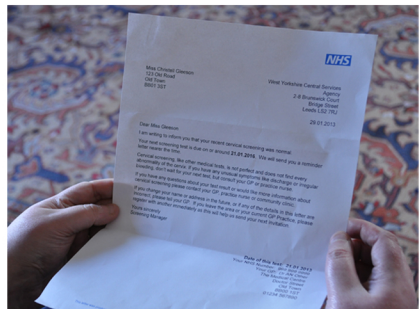
Or she might go to her local CASH (Contraception and Sexual Health) Clinic. There are clinics all over the district. Call the contact centre on 01274 200024 to make an appointment



The letter said that the screening was normal.



This is Chrissie.



For a few people, the screening will not be normal, but this will not mean they have cancer.



She gets a letter from the NHS every 3 years asking her to make an appointment at her GP surgery.



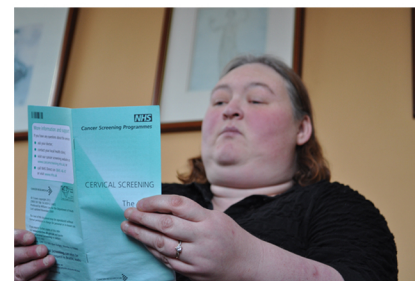
They will be asked to go for more tests.



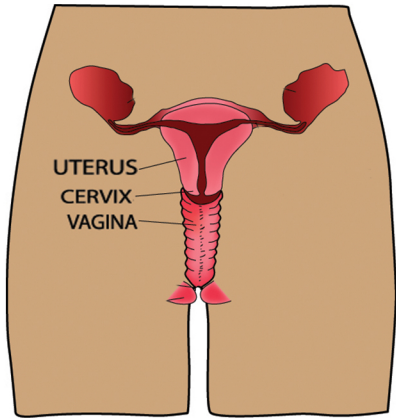
This is so that she can have a **cervical smear test**.



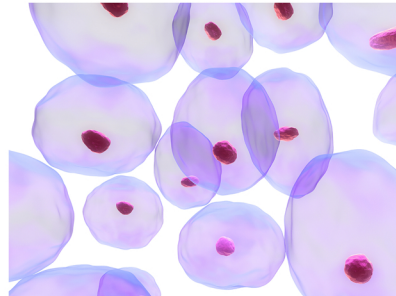
Chrissie will go for another screening in 3 years time.



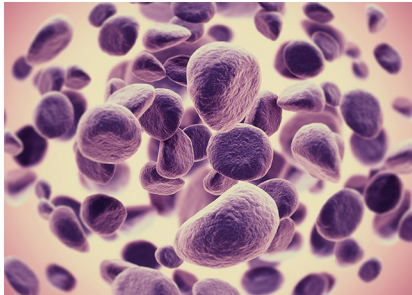
A leaflet explains that this is a test to have a look at her **cervix**.



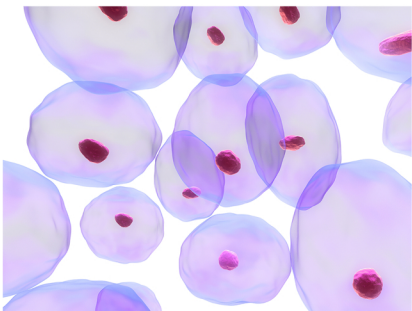
The **cervix** is the opening to your womb, or uterus.



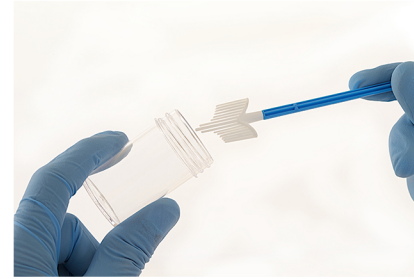
Like the rest of your body, your **cervix** is made up of tiny cells.



In a very few people these cells can change. They might even turn into cancer cells.



The test will take a few cells from Chrissie's cervix and check to see if they have started to change.



The cells are put in a plastic tube and sent away for testing.



The nurse told Chrissie to expect a letter in a couple of weeks with her results.



The cells were sent to a laboratory to be looked at under a microscope.



Two weeks later a letter arrived with Chrissie's results.



The nurse asked Chrissie to relax while she got the test kit ready.



Because if the changes are spotted in time, they can be treated to stop them turning into cancer.



She used one of the instruments called a speculum to gently open Chrissie's vagina.



That's why it is so important for Chrissie to go for the test.



And used the plastic brush to scrape some cells from her cervix.

3
years

And why she needs to be sure to go back for testing every three years.



It only took a few minutes to do.



So Chrissie phoned the surgery to make an appointment.



On the day of her appointment, Chrissie went to the GP surgery.



The nurse checked Chrissie's age, and asked about any illnesses Chrissie has had.



She told the receptionist she had an appointment to see the nurse.



She checked that Chrissie wasn't having her period.



She waited for a while in the waiting room.



She told Chrissie that she might feel a little pain, but only for a short time.



Then the nurse came to meet her.



Then she asked Chrissie to lie on the couch and take off her knickers.